

B. The Tandem Bike - Some Basics

CHELSEA: The tandem bike is a lot like a standard single bike. But different.

TONY: Hi, it's Chelsea and Tony. Let's take a look at some basic features of a tandem bike. Just like on a single bike there are 2 wheels.. front and rear brakes.. a chain.. and the same gear mechanism with shifters, cogs, chain rings and derailleurs.

CHELSEA:

- BUT. different: 2 seats, 2 handlebars, 2 sets of pedals
- pedals connected by an extra chain. called timing chain
- Timing chain connects 2 sets of pedals. Causes the team to pedal together [NOTE: Don't introduce terms "captain" and "stoker" yet.]

TONY: The timing chain creates the most important difference you will find when riding a Tandem—the

need for good communication with your partner.

CHELSEA:

- . communication is especially important when one of the riders is blind or partially-sighted

TONY: Look at the way these bikes are built. The two of you have to ride as a team.

CHELSEA: perhaps joke: Did we mention communication and teamwork are important?

So you'll see that
communication/teamwork are major
themes in these videos.

And that is Tandem Bike 101.